

ARE YOUR KIDS READY FOR FALL SPORTS?

TRIA is offering free high school sports physicals

Reserve your free appointment at tria.com/physicals. Walk-ins are accepted, but appointments are given priority.

MONDAY, JULY 30, 5 TO 8 P.M.

9555 Upland Lane N., Maple Grove

THURSDAY, AUG. 2, 5 TO 8 P.M.

8100 Northland Drive, Bloomington

TUESDAY, AUG. 7, 5 TO 8 P.M.

155 Radio Drive, Woodbury

THURSDAY, AUG. 9, 5 TO 8 P.M.

8100 Northland Drive, Bloomington

Your athletes deserve the best

All exams are completed by primary care sports medicine physicians and orthopedic surgeons. At TRIA, we care for athletes of all ages and abilities. We're proud to be team physicians for the Minnesota Twins and Wild.

Save on Baseline ImPACT testing

Concussion Baseline Testing is recommended for all athletes. During sports physicals, we offer Baseline ImPACT testing for \$5 (regularly \$20). This test is a tool that can help your medical team with concussion management.

Bring a parent, dress casual

A parent or guardian must accompany students under age 18. Wear shorts or loose-fitting clothing for your exam.

Extra points

These physicals are pre-participation exams (PPE) strictly intended to meet Minnesota State High School League (MSHSL) requirements. They are used to screen for physical or medical conditions that might put the student athlete at risk for participation. The PPE does not replace your annual checkup or child wellness exam with your primary care provider for immunizations and important age-appropriate health guidance. If the student athlete is currently under medical care or requires further follow-up prior to clearance for athletic participation, the student athlete will be referred to the appropriate medical provider. Questions? Send us an email at sportsmedicine@tria.com.

