## TRANTICS TO DR BATCHARS

BOAGD OB- MITTO O'BHOD EIOD PTAITHO LOGIOD GOACD BOAGD MATTGD 30, 2024





- Communication
- Receiving
- Blocking
- Throwing
- Fielding Bunts
- Fielding Pop Flies





- Drill catcher communication as often as possible:
  - Infield/outfield
  - Bunt Defense
  - PFPs (pitcher fielding practice)
  - Relays or Tandem (Double-Cut) Relays as appropriate
- The most important thing is the catcher yells something



- Suggestion for when the catcher makes a bad/wrong decision:
- "Great job communicating with the team where you want the ball to go. Keep that up. Let's talk about the decision and why you would want to have the ball go to X base instead of Y base..."

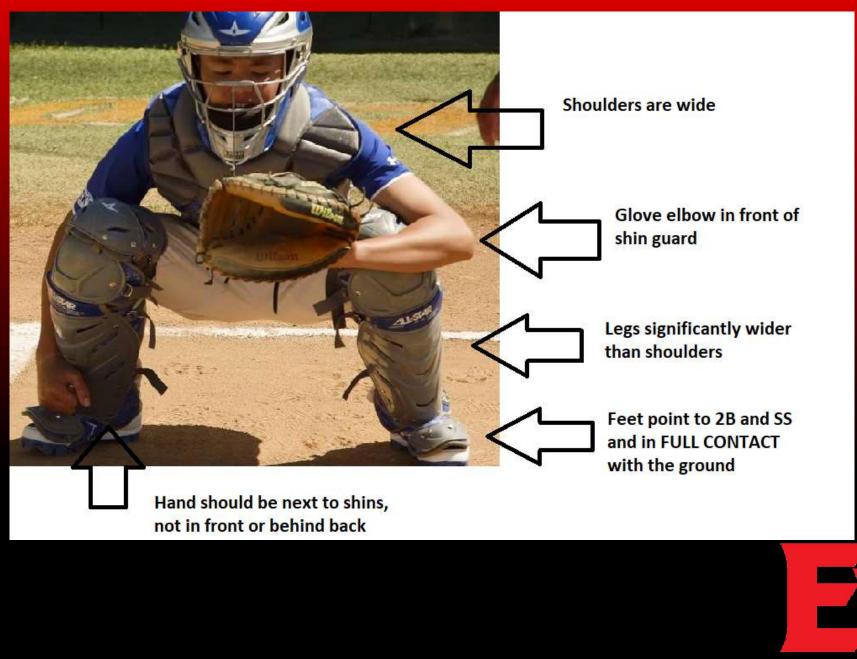








## HASSIGNO RINNAS SANG







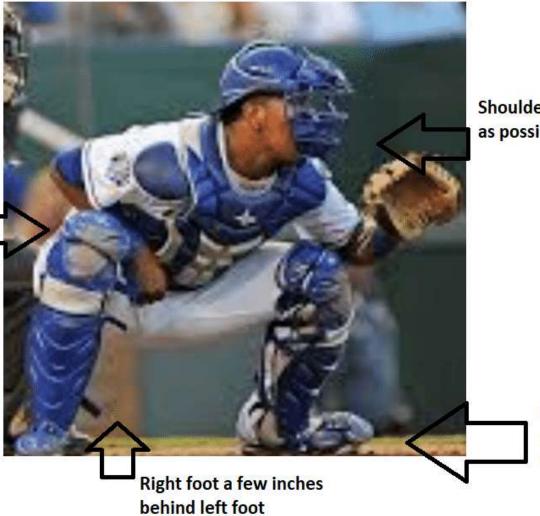












Shoulders still as square as possible to

Feet point to 2B and 1B and still in FULL contact with the ground

Throwing hand ready behind shin guard or at side



- Should almost be able to touch hitter's elbow
- Focus on presentation in the middle of body rather than middle of zone
- Give a big target
- Teach the "glove load," i.e., hand moves from low to high Practice catching the ball in the pocket of the glove



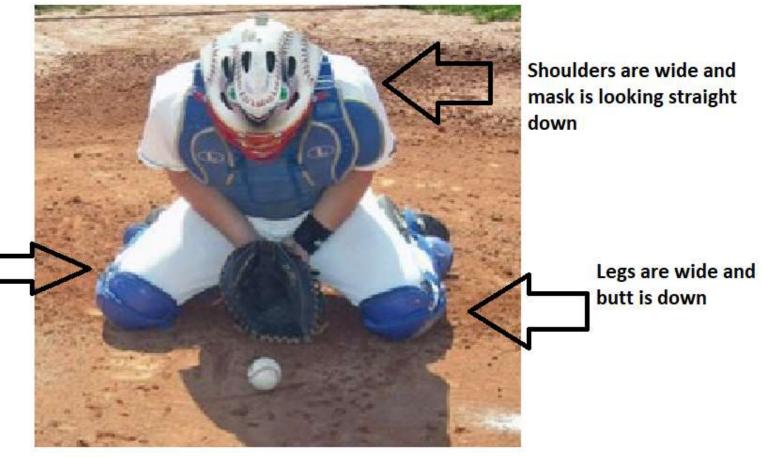


- No glove receiving in stance (tennis balls, baseballs)
- Backhand balls to catcher in his stance
- First five focus on catching with three fingers and finding the seams
- Next five, on glove load
- Next five, on a "quiet" presentation





Glove is dropped and throwing hand is behind







- Glove leads everything!
- Only gain ground with knees
- On ball contact with chest, lower butt to "deaden" the ball
- Block, retrieve, and throw
- Blocking to the right or left requires pushing hips to the right or left to angle the block toward home





- You don't have to use real baseball
- Focus on the glove leading, so many kids pull the glove up
- Use a plate if possible and make sure the catcher is the appropriate distance
- Watch for timing as many kids go down too soon in drilling







VIA SNY





https://www.youtube.com/watch?v=MmMJWNz3HYg



- Load left knee as the ball approaches
- Push off right foot toward the spot just in front of where left foot started
- Not concerned about gaining ground
- Top priority is fast feet and ball out fast over strength of throw



- Transfer the ball from glove to hand just below shoulders
- Many of the best catchers will "drop" the ball in the hand
- Arm motion: the Cincinnati Reds baseball cap "C"
- Stay athletic on the transfer, finish with shoulders square to 2<sup>nd</sup>
- For corner throws, get feet aligned toward base ASAP
- For 1<sup>st</sup> base, avoid pivoting on the right foot, more of a jump



- Practice all pitch locations
- Practice throwing after a blocked ball
- If strong enough arm, practice throwing from knees





- Field with two hands when ball is moving
- Pick up bare hand when ball is stopped
- 3<sup>rd</sup> Base : Overrun the ball or circle the ball
- Toward mound: Circle the ball
- 1<sup>st</sup> Base: Clear the runner and throw





- Throw mask back and to the right and into the field of play
- Turn back to the infield
- Hands above head when possible
- Priority to the infielder or pitcher